

LIVINGSTONE LOG

Thinking outside the box!



Hello from Livingstone House

We have gone technical: follow @BHBSLivingstone on Instagram! (Instagram is for ages 1 and over but a reminder for parents of students who are aged 11,12 and 13 it is probably a good idea to control the instagram access)



So, 6 weeks of lockdown and counting! I am still enjoying my runs and walks around Tupsley and the wider area. With all the nice sun last week we had lots of bar-b-ques too! Several shout outs from people today, which is great. I also hope you enjoy the poem I have included, as it reminds me a little of the point being made by Rev. Rachel in her video message for this term. There is also a house challenge for you to take part in. Let me know what you've been up to by emailing me on robertsone@bhbs.hereford.sch.uk putting "Livingstone Log" in the subject bar along with your name and form. Thanks to those who have contributed so far.

Tutor Shout Outs

Mr. Atkinson to LRS

Mr Atkinson says hello to you all and to get in touch with him if you need help organising your time into a timetable to support managing your learning and your workload?

Mrs Falconer to LLV

I have been completing house jobs that have been waiting for 6+ years and that I am missing my form. As a family, we are very lucky to be having some time in the garden, but we are going to miss the hot weather this week.

Here's one snapshot of what we have been doing, and I cannot take credit for the play house – that was all Mr Falconer!



Student Shout Outs

Kyle Morris, LLR is enjoying lockdown life. Even though all the exams have been cancelled he is still working from all of his revision guides, just in case, and is also enjoying having time at home with family. He has had a BBQ and gone on long walks, and like people all around the country he has clapped every week for the NHS.

Well done Kyle.

One night I dreamed I was walking along the beach with the Lord. Scenes from my life flashed across the sky. In each, I noticed footprints in the sand. Sometimes there were two sets of footprints; other times there was only one.

During the lowest times of my life I could see only one set of footprints, so I said, "Lord, you promised me, that you would walk with me always. Why, when I have needed you most, would you leave me?"

The Lord replied, "My precious child, I love you and would never leave you. The times when you have seen only one set of footprints, it was then that I carried you."





All 4 houses are running a challenge to see if we can each make some money for **St Michael's hospice**, which as you know is our school charity this year. They continue to care for our community throughout this period of lockdown, but most normal fundraising methods, such as the London Marathon and the May Hereford Half Marathon and Hereford 10K that you, like I might have been entered in, have been postponed. Therefore we want to continue supporting them.

So, there is a justgiving page for Livingstone House www.justgiving.com/fundraising/bhbs-livingstone-house where members of Livingstone house and their families can donate. ***As your Head of House I will do the first challenge when £50 has been donated.*** I will then record and share my achievement before nominating the next person in Livingstone to do the next challenge. We are aiming to raise £250 or more.

So what can you do:

- a) Go to the just giving page and donate
- b) Email me at robertsone@bhbs.hereford.sch.uk if you would like to take on a challenge
- c) Tell me what my first challenge should be. You can choose from:
 - a. Make 26 cupcakes
 - b. Run 2.6 miles
 - c. Skip for 26 mins
 - d. Do 26 mins of Joe Wicks PE
 - e. Do 260 sit ups (maybe not all in one go)
 - f. Do 260 squats (ditto)
 - g. Make a picture using 260 garden stones

I will complete the challenge with the most votes. You can then choose a challenge or your own.

More kindness and community spirit shown by Livingstone student

Spencer Savory, LRU and his 18 year old step brother Alex Hinkley from Hereford both had exciting Easter trips cancelled because of the Corona Virus and instead of feeling sorry for themselves they decided to do something to help other people.

With their parents they came up with a plan to use the spending money for their planned trips to buy food supplies for the most vulnerable people in their local area who couldn't go out shopping because of their age or health.

They bought basic non-perishable items such as tins of food, toilet rolls, pasta, rice, jam, toothpaste, soap, cereal, tea, coffee, chocolate biscuits, peanuts and even a bag of sweets, enough to fill 48 carrier bags.

Their parents contacted Herefordshire Council as they wanted to make sure that the most vulnerable people received the bags of food. This led to Age UK collecting the bags for distribution to some of most vulnerable elderly residents in Herefordshire.

One bag was delivered personally to an elderly gentleman that the family knew was on his own, having lost his wife a year ago, and the gentleman was really touched by the kind gesture and really appreciated it. The brother that delivered it, at a safe distance, was also very moved by it.

This shows real kindness and community spirit, as the photos below show. If anyone else has done anything that they would like to share, let me know.

