

Cheshire House

Prayer and thought for the week-

Isaiah 41:10: "So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

As the lockdown continues with no indication of when we can expect to be back in school have a thought for those who may be struggling. It doesn't take much, send them an email or call them, video chat by WhatsApp, Skype or facetime, send a silly text or photo. Just make the effort and show you are thinking of friends and/or family even though you can't be together just try to make someone smile.



As it was V.E. day at the weekend a possible activity that might raise a smile but also show our support for the NHS, key workers or even Captain Tom could be to make your own bunting. This could have any theme you wish but there are multiple sites online with possible template designs. So, if you are feeling artistic and sick of doing academic stuff then get crafting.



Smiling is infectious,
you catch it like the flu,
When someone smiled at me today,
I started smiling too.

I passed around the corner
and someone saw my grin
When he smiled I realized
I'd passed it on to him .

I thought about that smile
then I realized its worth,
A single smile,
just like mine
could travel round the earth.

So, if you feel a smile begin,
don't leave it undetected
Let's start an epidemic quick,
and get the world infected!

- Russell H. Conwell

You could also link this to charity and get some sponsorship and if that is of interest to you then take a look at the 2.6 challenge.

The 2.6 challenge was inspired by the London Marathon (a marathon is 26 miles). Due to the lockdown, the marathon and lots of smaller fundraising events had to be cancelled so the 2.6 Challenge has been set up in its place. The London Marathon raises a lot of money for our local charities and because it has been cancelled our local charities will not get the donations they would usually get.



As a school, BHBS have decided to take on this challenge for our chosen charity- St Michael's Hospice. To make it more of a whole school event we have decided to make it an inter house competition.

How it will work-

Each house will have a Just Giving page set up.

You can search for your individual house page by following this link and clicking on the search icon at the top of the page

<https://www.justgiving.com/>

Search for your house ie- BHBS Cheshire House or follow the links on the school website or Facebook page. You can set up your own challenge (make sure it is safe and appropriate), follow this link for more information and some inspiration!

<https://twopointsixchallenge.justgiving.com/inspiration>

Good Luck, and may the best House win – provided of course that is Cheshire!