



## THE BISHOP OF HEREFORD'S BLUECOAT SCHOOL

Hampton Dene Road, Tupsley, Hereford HR1 1UU

Tel: 01432 347500

Enquiries: head@bhbs.hereford.sch.uk

Headteacher: Mr Tom Williams

11<sup>th</sup> December 2024

Dear Parents/Carers,

### Year 8

As a part of your child's education at the Bishop of Hereford's Bluecoat School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme delivered through Skills for Life lessons. Our Skills for Life programme has been designed to give young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and reach their full potential.

I am writing to let you know that your child's class will be taking part in lessons, which will focus on the relationships and sex education (RSE) aspect of this programme. RSE lessons in Year 8 will include teaching about:

- Personal Hygiene (Building on from work done in Year 7).
- Issues connected with body image and the pressure of social media.
- Coercive and controlling relationships.
- Grooming and child sexual exploitation (CSE).
- Consent.
- Similarities, differences and diversity among people including sex, gender identity and sexual orientation.

Students will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world. PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website: [Skills for life curriculum overview](#) for more detail about our PSHE curriculum. All Skills for Life teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

As a school community, we are committed to working in partnership with parents and carers; recent feedback has indicated that the overwhelming majority of parents and carers continue to be highly supportive of the relationships and sex education programme. If you would like to find out more or discuss any concerns, we would urge you to get in touch.

Kind regards

Rebecca Hodgson

[rhodgson@bhbs.hereford.sch.uk](mailto:rhodgson@bhbs.hereford.sch.uk)

Second in Department for Religious Studies, Skills for life and Business.

*Always Faithful with Christ*