# LIVINGSTONE LOG

Thinking outside the box!





### Hello from Livingstone House

We have gone technical: follow @BHBSLivingstone on Instagram! (Instagram is for ages 1 and over but a reminder for parents of students who are aged 11,12 and 13 it is probably a good idea to control the instagram access)

So, 8 weeks of lockdown and counting! Its lovely to be able to go out for a walk / run more than once a day now. Remember to keep socially distancing though.

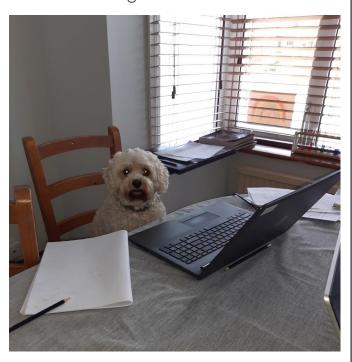
The Instagram is getting a good following and the 2:6 challenge is underway. Please try and donate if you can, and take part if you would like. All funds are going to **St Michael's hospice**.

Any updates to tell me about can be sent to <u>robertsone@bhbs.hereford.sch.uk</u> putting "Livingstone Log" in the subject bar along with your name and form. Thanks to those who have contributed.

#### **Tutor Shout Outs**

### Mr Foggo, LRT

Mr Foggo's dog Roly hard at work studying cats and sausages.



Mr Foggo says he might try some wild swimming when it warms up a bit, ensuring wet-suit and buoyancy aid are being worn. He's also tempted by the couch to 5km challenge, although the idea is more likely than the reality at the moment.



Our School House challenge is up and running, so please remember to go to the JustGiving page for Livingstone House

www.justgiving.com/fundraising/bhbs-livingstone-house where you can donate. I have had a couple of replies to which challenge to undertake so watch this space. We need to keep donating before the challenges can begin. Let's show our support for St Michael's hospice, just like we would if we were having a non-uniform day or a bake sale.

Thank you.

### **Friday Challenge**

3 challenges in one this week. Have fun with this.





### **Patience**



Have you also ever heard the saying ....

•If at first you don't succeed, try, try again!



## Have you ever been told that good things come to those who wait?













### This patience applies to medicine too!



This is a medicine called Salvarsan 606. It was discovered in the first decade of the 20th Century to treat the STI syphilis. Syphilis was a big problem at the time and scientists were keen to find a treatment. Scientists tried 605 different compounds, and each time, it failed to work. However, their patience paid off, and the 606th version worked and saved thousands of lives.

It was called the first magic bullet, because it killed the syphilis bacteria but not the patient.

### Patience today

• We need to demonstrate patience at the moment





# Somethings take an extraordinary amount of time and patience....



- A few hundred years ago, people in this country thought it was all right to go to different countries, steal people and sell them as slaves? It was big business and a lot of people made a lot of money. Little by little, however, people began to realize that this was very wrong.
- William Wilberforce was one of many people who wanted to get slavery abolished. He led a long campaign to get it abolished (stopped).
- It took many years and lots of patience to achieve his aims
- It wasn't always certain that his aim would be fulfilled, as others had to agree. He faced a lot of opposition from politicians and businessmen.

#### A prayer for patience



# Wilberforce must have felt frustrated and felt feelings of failure









Patience sound file.m4a



FUNDRAISING | Owain Ridgway, from LRV decided during dinner earlier this week that as he can't visit a professional hairdresser anytime soon, that he'd like to try and raise some money for <a href="St Michael's Hospice">St Michael's Hospice</a> - <a href="Hereford">Hereford</a> with his luxurious locks.

Owain drives a hard bargain, and has set fundraising targets for his supporters:

- £1-£50 a grade 2 all over.
- £50 by Wednesday 5pm (£85 achieved!), hair shaved Robocop style with photographic evidence.
- £100 by Friday 5pm, completely shaved

He's totally blown away his £100 target - £445 this morning!

Donate here www.justgiving.com/fundraising/owain-ridgway
Well done Owain



**From Mr Banks:** Here is the address and password and username for digimap for schools

https://digimapforschools.edina.ac.uk/

User: hr11uu

Password: bloots4985

Mr Banks is asking everyone to open the BHBS map challenge map in the file and drop a pin to create a 'BHBS Together in Lockdown' map. To ensure compliance with GDPR names will not accompany pins and any pinnned images should not identify people.