

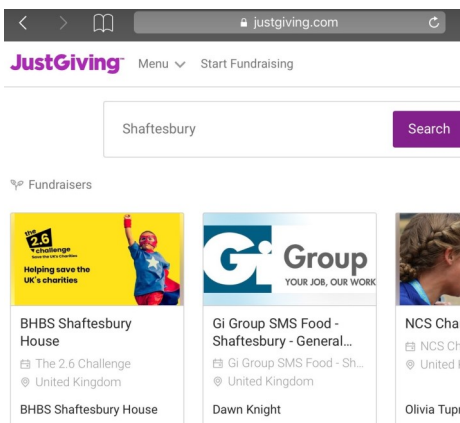
# The Shaftesbury Lockdown Times

Monday 18th May

Volume 3

## St Michael's Hospice Needs Your Fundraising

As you'll be aware last Tuesday we celebrated International Nurse's Day. St Michael's Hospice in Bartestree, relies heavily on fundraising. Events such as The London Marathon haven't happened this year so we need to do lots of little things to make up for that shortfall. Shaftesburians please make sure you are doing your bit, trying to support the work of nurses like Sally. Engage in the 2.6 Challenge or just make a small weekly contribution from your pocket money, either way it will be money put to good use.



**JustGiving gremlins now fixed**

Go to [justgiving.com](https://www.justgiving.com), search "Shaftesbury" and keep clicking !

## Grown Ups Are Bored...As Well As Boring!

Well maybe not all of them, but a lot are trying to fill the unforgiving minute in unusual ways. I know this because I've been sent the **Teabag Challenge**:

You try to throw a tea bag into a cup from the furthest distance.

The rules are fairly simple, you throw a tea bag directly into a cup!

A preeminent Shaftesburian physicist is claiming an unofficial house record of 6 metres, can anyone beat that and produce the evidence to set an official record?

## Guess the Shaftesburian:

This week they are cleverly disguised in a period tracksuit, which is a big clue:



# Instructions & Ascension Day

No one likes being told what to do; we are all naturally inquisitive and like to try and work things out for ourselves. Sometimes though, that can be time consuming or even dangerous.

Being told what to do involves being given instructions. For example, to learn to drive, you need a driving instructor. If you're learning to swim, you need a swimming instructor. In fact, for anything that you've never done before, you need some instructions. At the moment we all need instructions on how to safely respond to the current covid pandemic.

Ascension Day occurs 40 days after Easter Sunday. It is always on the Thursday of the sixth week after Easter Sunday. So it will be on Thursday 21st May, this year.

If you ascend something, you are going upwards, like an ascent up a mountain. Christians believe that Jesus ascended, or went up, to heaven to be with God.

In the New Testament, Matthew (28.19–20) tells us that Jesus gave his disciples some very special instructions before his ascension to heaven. He told them to teach everyone about the good news of the gospel.

Matthew puts it like this:

'Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.'

What is perhaps most important about these words is that Jesus tells the disciples that he will always be with them. So, even though Jesus was going back to heaven, he promised that he would never leave the disciples, like a sports coach standing on the touchline, or a driving instructor sitting beside us in the car, or a teacher working with us remotely during lockdown.

Next time we are given a set of instructions, let's remember that they will help us to get things right.



Let us pray....

Dear God,

Allow me to see that there are instructions to help me.

Let us remember the instructions left by Jesus

And may we never forget the fact that his spirit is always with us, even though we cannot see him.

Amen.

**IMPORTANT INSTRUCTION:  
REPLY TO YOUR TUTOR WHEN THEY  
EMAIL**

## Cooking? It's a pizza....



...well let's just say easy at any rate, particularly if you are this top SLS chef. Well done Sam Harris for this deep pan special. Sam's the man with a pan and a big appetite.



### Shaftesburian Birthdays

**For the week ahead:**

Emma & Katie SRS

Alfie SLT

Kurtis SLU

Florence & Phoebe SLV

**Happy birthday from the rest  
of the house!**

## BHBS Together in Lockdown Map

Mr Banks would like us to help create a our own lockdown map:

You will need to go to:

<https://digimapforschools.edina.ac.uk/>

User: hrlluu

Password: bloots4985

open the BHBS map challenge map in the file and drop a pin to create a 'BHBS Together in Lockdown' map.

**To ensure compliance with GDPR names will not accompany pins and any pinned images should not identify people.**

L  
O  
L



@  
S  
L  
T

Laughter is the best medicine they say. In addition we have to be able to laugh at ourselves, so enjoy the first one on me:

The SLT Editor has a valuable comb. **He'll never part with it.**

I wrote a song about a tortilla. **Well, it's actually more of a wrap.**

Which is faster, heat or cold? **Anyone can catch cold.**

**Now I am sure you can do better? Email them to the SLT Editor:**

**rmlburgess@bhbs.hereford.sch.uk**

**Otherwise, there are plenty more where they came from.**

**The SLT Editor would also welcome stories & pictures for the next edition.**