

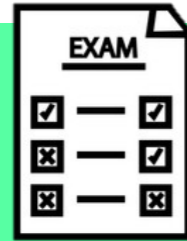


# Cambridge National in Sport Studies



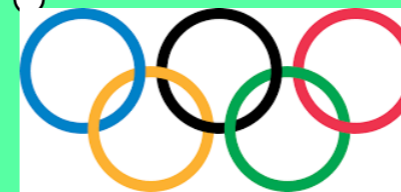
## Examination

You will complete 2 externally assessed examinations. Component 1: Fitness and body systems 1 hour 30 minutes  
Component 2: health and performance 1 hour 15 minutes



## Hosting global events

You will learn the pro's and cons of hosting a major global sporting event and the impact this can have on a country as well the procedure performed in order to secure such an event



## NGB's and Technology in sport

This topic will give you a greater understanding of the impact of NGB's and their role in promoting/supporting sport. Alongside this how technology can enhance performance, increase safety/fair play and accuracy of officiating and finally enhancing spectatorship.



## The role of sport in promoting values

Learners will understand the ethics and values that can be promoted through sport including fair play, sportsmanship, gamesmanship and deviance. They will look at the Olympic and Paralympic movement and other initiatives implemented around the world.



## Issues affecting participation

You will understand the different user groups who participate in sport and the possible barriers they may face. You will investigate how these can be broken down to help increase participation rates

## Leadership

Learners will have the opportunity to plan and deliver a sporting session and provided time to reflect on the impact of their session.

## Practical Developments

You will participate in a range of team and individual sporting activities to help develop your sporting ability. You will be assessed in all of these and given feedback on areas of improvement. This section will be continual throughout the two years



## Sources of media

You will distinguish between different media sources and how they cover sport including TV, radio, newspapers, social media etc



## Effects of media in sport

Learners will know how the media can help positively and negatively affect sport. How it can increase awareness and improve participation levels. Alongside how it can decline live spectatorship and increase ethical issues.



## Sports Studies Breakdown

Examination = 40%  
NEA = 60%

**Two** compulsory units:

1. Contemporary issues in sport
2. Performance and leadership

**Two** optional units:

1. Sport and the media
  2. Outdoor and adventure activities
- \*you will only complete one of these

SCAN HERE to see the OCR national specification and the content you will cover in more detail.



Year 11

Year 10

Your GCSE PE Journey starts here ...