

Year 7 Boys and Girls – Curriculum Plan Jan 2021-22
‘Creating a love for Physical Education’

	Girls				Boys			
Date	In	Out	In	Out	In	Out	In	Out
7 weeks	Dance	Netball	Basketball / Indoor Athletics	Football	Basketball	Rugby	Dance / Fitness	Rugby
7 weeks	Basketball / Indoor Athletics	Football	Dance	Netball	Dance / Fitness	Rugby	Basketball	Rugby
7 weeks	Table Tennis	OAA	Gym	Rugby	Gym	OAA	Table Tennis	Football / Hockey
6 weeks	Gym	Rugby	Table Tennis	OAA	Table Tennis	Football / Hockey	Gym	OAA
5 weeks	Athletics	Striking and Fielding	Athletics	Tennis	Athletics	Striking and fielding	Athletics	Tennis
7 weeks	Wide Games / Leadership	Tennis	Wide Games / Leadership	Striking and Fielding	Wide Games / Leadership	Tennis	Wide Games / Leadership	Striking and fielding

**Year 8 Boys and Girls – Curriculum Plan Jan 2021-22
'Broadening Sports Experiences'**

	Girls				Boys			
Date	In	Out	In	Out	In	Out	In	Out
7 weeks	Dance	Netball	Basketball / Indoor Athletics	Football	Basketball	Rugby	Indoor Athletics / Fitness	Rugby
7 weeks	Basketball / Indoor Athletics	Football	Dance	Netball	Indoor Athletics / Fitness	Rugby	Basketball	Rugby
7 weeks	Table Tennis	OAA	Gym	Rugby	Gym	OAA	Table Tennis	Football / Hockey
6 weeks	Gym	Rugby	Table Tennis	OAA	Table Tennis	Football / Hockey	Gym	OAA
5 weeks	Athletics	Striking and Fielding	Athletics	Tennis	Athletics	Striking and fielding	Athletics	Tennis
7 weeks	Wide Games / Leadership	Tennis	Wide Games / Leadership	Striking and Fielding	Wide Games / Leadership	Tennis	Wide Games / Leadership	Striking and fielding

Year 9 Boys and Girls – Curriculum Plan Jan 2021-22
‘Developing Skills, Embedding Knowledge and Developing Independence’

	Girls				Boys			
Date	In	Out	In	Out	In	Out	In	Out
7 weeks	Fitness	Netball	Basketball / Indoor Athletics	Football / Hockey	Basketball	Rugby	Basketball / Fitness	Rugby
7 weeks	Basketball / Indoor Athletics	Football / Hockey	Fitness	Netball	Basketball / Fitness	Rugby	Basketball	Rugby
7 weeks	Table Tennis	OAA	Gym	Rugby	Gym	OAA	Table Tennis	Football / Hockey
6 weeks	Gym	Rugby	Table Tennis	OAA	Table Tennis	Football / Hockey	Gym	OAA
5 weeks	Athletics	Striking and Fielding	Athletics	Tennis	Athletics	Striking and fielding	Athletics	Tennis
7 weeks	Wide Games / Leadership	Tennis	Wide Games / Leadership	Striking and Fielding	Wide Games / Leadership	Tennis	Wide Games / Leadership	Striking and fielding

Year 10 & 11 Boys and Girls – Curriculum Plan Jan 2021-22

'Embedding Independence, Confidence and Competence in Sports and Physical Activities'

In their particular groups and every 4 weeks, students will be given range of activities to choose from which could include (but is not limited to):

Netball	Dance	Football	Gym	Fitness	Athletics
Basketball	Capture the Flag	Rugby	Volleyball	Badminton	Table Tennis
Tennis	Rounders	Cricket	Softball	Benchball	OAA
Athletics	Handball	American 21s	Hockey	Dodgeball	Ultimate Frizbee