

## Monday

**Smokey Bacon & Mushroom Carbonara with Rosemary Focaccia**

**Korean Bulgogi Vegetables & Egg Fried Rice Pots**

**Chicken, Stuffing & Vegetable Yorkshire Pudding Wrap**

**Parsley Mash Potatoes**

**Sugar Snap Peas**

**Sweetcorn**

**Salad Selection / Bar**

Selection of **Fresh Fruit, Yogurts, Fruit Pots, Cakes, Bakes & Cookies**

# Week 3 Menu



Choose a **Main**, a **Side** and a **Vegetable** then one **Dessert** from each daily choice...

## Tuesday

**Baked Cottage Pie Topped with Sweet Potato Mash**

**Goats Cheese Puff Pastry Tart, Tomato, Roast Onion & Rocket**

**Beef Chilli Nachos, Cheese & Salsa Verde**

**New Season Potatoes**

**Garden Peas**

**Ratatouille**

**Salad Selection / Bar**

Selection of **Fresh Fruit, Yogurts, Fruit Pots, Cakes, Bakes & Cookies**

## Wednesday

**Glazed Roast Gammon, Sage & Roasted Onion Stuffing & Pan Gravy**

**Mushroom, Lentil & Soya Mince Cottage Pie**

**Piri Piri Chicken & Turkish Flatbread with Herby Cabbage Slaw**

**Roasted Potatoes**

**Carrots**

**Savoy Cabbage**

**Salad Selection / Bar**

Selection of **Fresh Fruit, Yogurts, Fruit Pots, Cakes, Bakes & Cookies**

## Thursday

**Beef & Roasted Vegetable Lasagne with Garlic Ciabatta**

**Vegetable Hot Pot, Crusty Wholemeal Baguette**

**Jamaican Jerk Pizza Flat with Pineapple & Peppers**

**Baked Potato Wedges**

**Curly Kale**

**Sweetcorn**

**Salad Selection / Bar**

Selection of **Fresh Fruit, Yogurts, Fruit Pots, Cakes, Bakes & Cookies**

## Friday

**Spanish Style Braised Chicken, Peppers & "Patatas Bravas"**

**Grilled Halloumi Skewer on Greek Vegetables**

**All American Hot Dog, Homemade Ketchup & Mild Mustard**

**Paprika Baked Potatoes**

**Sautéed Greens**

**Peas**

**Salad Selection / Bar**

Selection of **Fresh Fruit, Yogurts, Fruit Pots, Cakes, Bakes & Cookies**

# Always

Try to choose a **balanced** and **nutritious** combination!

**Enjoy**  
your **lunch!**

